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Evaluation of vertical marginal discrepancy and load-to-failure of monolithic zirconia and lithium disilicate laminate veneers manufactured in different thicknesses

Pınar Yıldız^{1*}, Damla Güneş Ünlü² and Hasan Murat Aydoğdu³

Abstract

Objectives This study aimed to evaluate the feasibility of monolithic zirconia laminate veneers (MZLV) compared to lithium disilicate laminate veneers (LDLV).

Materials and methods Sixty resin replicas, each prepared with depths of 0.5 mm, 0.7 mm, and 1 mm, were produced using a 3D printer from acrylic teeth. Laminate veneers of these thicknesses were milled from pre-sintered monolithic zirconia (3rd generation) and lithium disilicate blocks. The intaglio surface of MZLV was treated with air abrasion using 110 µm diameter silica-modified aluminium oxide particles and ceramic primer, while LDLV was etched with etchant gel and treated with the ceramic primer before cementation with resin cement. Vertical marginal discrepancy (VMD) was assessed using a stereomicroscope, and a load-to-failure test was conducted using a universal testing machine. Failure modes were evaluated macroscopically on fractured surfaces. Data were analysed statistically using Two-way ANOVA and Bonferroni correction ($\alpha=0.05$).

Results LDLV samples exhibited significantly larger VMD compared to MZLV samples across all thicknesses, especially in cervical, palatal, and mean data. Within the LDLV group, load-to-fracture values for 0.7 mm and 1.0 mm thicknesses were similar, whereas for 0.5 mm thickness, it was significantly lower. In the MZLV group, load-to-fracture values were lower for 0.7 mm and 1.0 mm thicknesses compared to LDLV, but higher for 0.5 mm thickness.

Conclusions Material choice and restoration thickness significantly influence laminate veneer restorations' success. MZLV generally exhibits superior vertical marginal fit compared to LDLV, with varying load-to-failure values across different thicknesses. Clinical management of debonding in MZLV is simpler compared to restoration fracture in LDLV.

Clinical relevance Considering clinical factors, MZLV may be a preferable option to LDLV for this restoration with the thickness of 0.5 mm.

Keywords Monolithic zirconia, Lithium disilicate, Laminate veneer, Vertical marginal discrepancy, Load-to-failure

*Correspondence:

Pınar Yıldız
dentistpinar@hotmail.com

¹Department of Prosthodontic Dentistry, Nimet Bayraktar Oral and Dental Health Center, Kayseri, Turkey

²Faculty of Dentistry, Department of Prosthetic Dentistry, Nuh Naci Yazgan University, Kayseri, Turkey

³Faculty of Dentistry, Department of Prosthetic Dentistry, Çanakkale Onsekiz Mart University, Çanakkale, Turkey



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Introduction

Monolithic computer-aided design (CAD) and computer-aided manufacturing (CAM) ceramic restorations have become increasingly prevalent in daily practice due to their high accuracy, rapid fabrication methods, and extensive range of available materials [1, 2]. Recent studies have indicated that CAD-CAM restorations exhibit superior marginal adaptation compared to conventionally fabricated indirect restorations [3, 4]. Also, Laminate veneers (LVs) can be manufactured utilising CAD-CAM technology [5]. A variety of materials are employed in the fabrication of monolithic CAD-CAM LVs, including glass ceramics (such as lithium disilicate, leucite-reinforced feldspathic, and feldspathic porcelain), zirconia, resin composite, resilient (hybrid) ceramics, polymer-infiltrated ceramics, and zirconia-reinforced lithium silicate [6, 7]. Lithium disilicate has emerged as a leading glass ceramic utilized in dentistry [8]. Veneers represent one of its notable applications, offering clinicians an optimal balance between aesthetics and strength for all ceramic monolithic restorations [9]. However, caries, cracks, chipping, debonding, aesthetic matches, surfaces, marginal discoloration, and marginal defects are the most common complications that may occur resulting from the use of lithium disilicate laminate veneers [10].

Zirconia laminate veneers, when precision-milled using CAD-CAM technology, offer several advantages. For instance, they are applicable in clinical scenarios involving wide diastema or damaged teeth due to injury or decay, where the inner surface (lingual) remains undamaged. Glass-ceramic veneers have been noted as inappropriate in clinical scenarios where there are traumatic parafunctional occlusal forces, particularly in cases of reverse and edge-to-edge occlusal relationships. These conditions engender loading stress during functional activities, rendering glass ceramic veneers unsuitable for such cases. Traditional porcelain veneers are delicate and pose challenges in terms of adjustment and contouring before cementation. Nevertheless, the robustness of zirconia enables easier handling, facilitating adjustments of the veneer before cementation [11]. Moreover, zirconia laminate veneers may be considered when patients desire exceptionally bright teeth.

The mechanical and optical properties of zirconia are influenced by the mol concentration of yttria [12]. To enhance its translucency, increasing the yttria content in Y-PSZ to up to 5% results in 5Y-PSZ with larger grain sizes. This process involves replacing tetragonal grains with cubic grains, which reduces light scattering and birefringence at grain boundaries, thereby achieving ultra-translucency [13]. Manufacturers recommend not using monolithic cubic zirconia (MCZ) below 0.4 mm thickness.

Mechanical properties are crucial for the long-term clinical success of laminate veneer restorations. However, the selection of new restorative materials should ideally be based on clinical evidence. Consequently, in vitro, testing of dental materials is a valuable alternative for evaluating their properties and understanding their behaviour [14].

The marginal edges of the laminate veneer ceramic restorations are very critical areas that play a key role in the success of this type of aesthetic restoration [15]. Marginal integrity is essential for the long-term success of porcelain laminate veneers. However, evidence regarding their marginal fit remains unclear [16].

This study aimed to evaluate the feasibility of monolithic zirconia laminate veneers in comparison to lithium disilicate laminate veneers. Our investigation involved an in vitro analysis focusing on vertical marginal discrepancy and load-to-failure. The null hypotheses posited that there would be no statistically significant differences between monolithic zirconia laminate veneers (MZLV) and lithium disilicate laminate veneers (LDLV) of different thicknesses regarding vertical marginal discrepancy and load-to-failure.

Materials and methods

Design and fabrication of laminate veneers

Three prefabricated acrylic teeth (Maxillary left central, Frasco GmbH, Germany) were prepared using depth-gauge diamond burs to achieve depths of 0.5 mm, 0.7 mm, and 1.0 mm, respectively. To ensure a palatal butt joint, a 1.5 mm reduction was made from the incisal edge, and preparations were finalized with a chamfer finish line across all depths. Subsequently, the preparations were scanned using a desktop scanner (Freedom HD, DOF, Seoul, Korea), and 60 resin dies were produced using a 3D printer (NextDent 5100, 3D Systems, NextDent B.V., Soesterberg, The Netherlands).

A maxillary left central laminate veneer restoration was designed using computer-aided design software. The cement thickness was set at 40 μm [17], and the restoration thicknesses were adjusted to 0.5 mm, 0.7 mm, and 1 mm, with the restoration extending 1 mm above the cervical edge. Subsequently, laminate veneers were milled from pre-sintered monolithic zirconia (3rd generation, KATANA Zirconia STML Noritake Dental Supply Co., Ltd., Miyoshi, Japan) [18] and lithium disilicate blocks (IPS E-Max CAD, Ivoclar Vivadent, Shaan, Liechtenstein) using a 5-axis milling machine (Ceramill Motion 2, Amann Girrbach, Austria). Figure 1 represents a laminate veneer sample on the resin die.

Monolithic zirconia laminate veneers (MZLV) (A total of 30 zirconia laminate veneers, $n=10$ in each thickness) were sintered in the sintering furnace according to the manufacturer's instructions (6 h 42 min, 1530 °C)



Fig. 1 A laminate veneer sample on the resin die

and manually polished after sintering (Luster Zirconia Adjusting and polishing kit, Meisinger, Germany).

Lithium disilicate laminate veneers (LDLV) (A total of 30 lithium disilicate laminate veneers, $n=10$ in each thickness) were submitted to the specific crystallization cycle in a porcelain oven (Programat, Ivoclar Vivadent, Shaan, Liechtenstein) following the manufacturer's instructions and then polished with rubber diamond points (ST102 HP, R1020HP, R1040HP, Edenta AG). The thicknesses of the veneers were controlled with a digital caliper (Digimatic Caliper IP67, Mitutoyo, Tokyo, Japan). The measurements were done 1 mm above the chamfer finish line.

Cementation protocols

The intaglio surface of the MZLV underwent air abrasion using 110 μm diameter silica-modified aluminum oxide particles (Rocatec Plus, 3 M ESPE) at a pressure of 0.2 MPa for 10 s by the same operator. Subsequently, the surface was treated with a primer (Clearfil Ceramic Primer Plus; Kuraray Noritake Dental) containing 3-trimethoxysilylpropyl methacrylate (3-TMSPMA) and 10-Methacryloyloxydecyl dihydrogen phosphate (10-MDP).

LDLV were etched with etchant gel (K-etchant gel, Kuraray Noritake Dental) for 20 s, rinsed, and dried. Subsequently, the surfaces of the laminate veneers were treated with the same agent (Ceramic Primer Plus, Kuraray Noritake Dental). A resin cement (Panavia V5 Clear, Kuraray Noritake Dental) was applied to each veneer, placed

on its corresponding resin die, and seated with finger pressure for one minute. Then the excess cement was removed and restoration was light cured for 20 s from palatal and labial surfaces. The specimens were stored in distilled water for 24 h at 37 °C.

Measurement of vertical marginal discrepancy

The vertical marginal discrepancy was examined using a stereomicroscope (Olympus Model SZ61, Tokyo, Japan) at $\times 40$ magnification (Fig. 2). The measurements were conducted by the same researcher, whereby the discrepancy between the resin dye and the laminate veneer restorations at four points (midpoints of mesial, distal, cervical, and palatal finish line) at the finish line was examined (Fig. 3). Three repetitive measurements were taken, and the mean value was recorded for this point value [19, 20].

Load-to-failure test and failure mode

A load-to-failure test was conducted using a universal testing machine (Instron, Canton, MA, USA). The load was applied perpendicular to the lingual surface of the resin die, positioned 1 mm away from the incisal edge of the laminate veneer (LV) restoration, at a cross-head speed of 0.5 mm/min. To ensure consistent test conditions, a mounting jig and custom-made plunger were employed. The load applied was recorded at the point of failure [21–23]. (Fig. 4)

The failure modes were then evaluated macroscopically on the fractured surfaces. The failure modes were: cohesive failure (laminate fracture), adhesive failure (debonding of laminate), mixed failure (adhesive and cohesive failure), and root fracture.

Statistical analysis

The minimum required sample size was determined by analysing previous research data using the Minitab Program (Minitab 22, Minitab LLC) [21]. To assess the differences in obtained data across the four study groups, we set a significance level (alpha-type error) of 0.05 and a statistical power (beta power) of 0.80. Based on these criteria, a minimum sample size of 10 samples per group was calculated.

The vertical marginal discrepancy and load-to-failure data were analysed using the IBM SPSS Statistics Standard Concurrent User V 26 (IBM Corp., Armonk, New York, USA) statistical package program. The conformity of numerical data to a normal distribution was assessed using the Shapiro-Wilk test, while the homogeneity of variances was evaluated using the Levene test. Comparisons between groups were conducted using a Two-Way Analysis of Variance. Bonferroni correction was applied to adjust for all pairwise comparisons. Statistical significance was defined as $p < 0.05$.



Fig. 2 Examination of VMD with stereomicroscope

Results

Measurement of vertical marginal discrepancy

Table 1 displays the outcomes of the two-way ANOVA and Bonferroni test carried out on data regarding mesial, distal, cervical, palatal, and mean vertical marginal intervals. The results of the two-way ANOVA revealed significance in all regions except for the distal. Notably, the vertical marginal discrepancy of LDLV samples was significantly greater than that of MZLV samples across all thickness types, with particularly noteworthy differences observed in the cervical, palatal, and mean data (Fig. 5).

Load-to-failure test and failure mode results

Based on the results of the two-way ANOVA, a statistically significant difference was found in load-to-fracture values between MZLV and LDLV manufactured in all thicknesses ($p < 0.001$). (Table 2)

According to the Bonferroni test results, the load-to-fracture values for 0.5 mm, 0.7 mm, and 1.0 mm thicknesses are statistically similar within the MZLV group. In the LDLV group, the load-to-fracture values for 0.7 mm and 1.0 mm thicknesses are statistically similar. In contrast, the value for 0.5 mm thicknesses is statistically

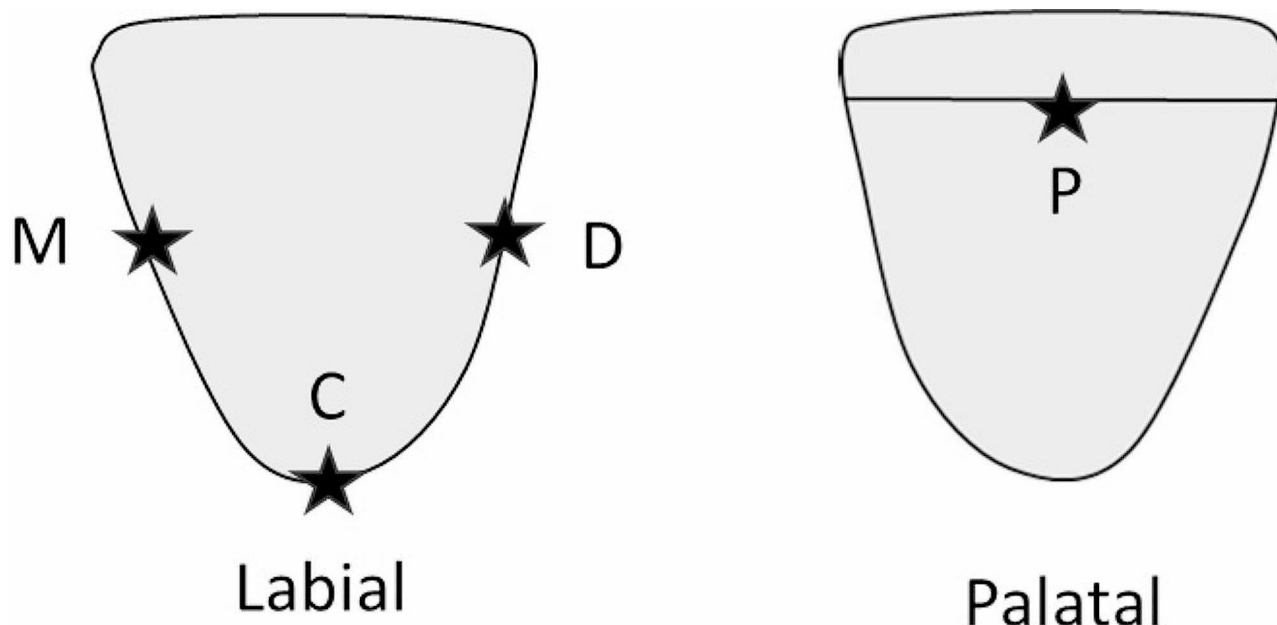


Fig. 3 Schematic presentation of VMD at the Cervical (C), Mesial (M), Palatal (P), and Distal (D) areas

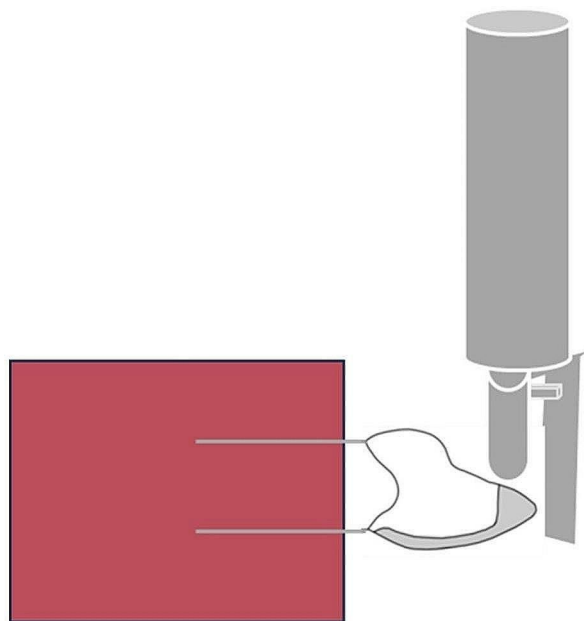


Fig. 4 Representative diagram of load-to-failure test

lower than those for 0.7 mm and 1.0 mm ($p < 0.001$). In the MZLV group, the load-to-fracture value is statistically lower than in the LDLV group for the 0.7 mm and 1.0 mm thickness groups; however, it is higher in the 0.5 mm group ($p = 0.039$).

The results of the failure modes are presented in Table 3. No cohesive fractures were detected in the MZLV samples. Adhesive failure was more prevalent in MZLV samples, occurring in 100% of the 1 mm thickness samples, 80% of the 0.7 mm thickness samples, and 70%

of the 0.5 mm thickness samples. In LDLV samples, the type of failure was influenced by the material thickness. Cohesive fractures were more prevalent in 0.5 mm LDLV samples, whereas adhesive failure was observed in 1 mm LDLV samples. Figure 6 illustrates the failure modes observed in the samples from this study.

Discussion

Zirconia and lithium disilicate materials have gained increasing popularity for laminate veneer restorations due to their superior mechanical properties and ease of fabrication using CAD-CAM systems. The null hypothesis of this study posited that there would be no statistically significant differences in VMD and load-to-fracture between CAD-CAM MZLVs and LDLVs manufactured at different thicknesses. However, the study findings reveal a notable distinction in load-to-failure test outcomes between materials, with thickness exerting an influence on this parameter. Regarding VMD, although thickness appears to not affect marginal adaptation, the choice of material significantly influences this aspect. Consequently, the null hypothesis is only partially accepted.

The choice of the maxillary right central incisor was deliberate, as central incisors are among the most prominent teeth in the mouth, often raising significant aesthetic concerns addressed by clinicians [5, 24]. The restoration preparations followed the guidelines provided by manufacturers for veneers as 1.5 mm incisal reduction [21]. The study by Arora et al. [25] and Vaidya et al. [26] concluded based on the result of their studies that the butt joint is the most effective preparation for ceramic veneers if incisal coverage is desired. Consequently, in

Table 1 Two-way ANOVA and Bonferroni test results of vertical marginal discrepancy

	mesial			distal			cervical			palatal			mean							
	material		Test Statistics††	material		Test Statistics††	material		Test Statistics††	material		Test Statistics††	material		Test Statistics††					
	MZLV	LDLV	f	p	MZLV	LDLV	f	p	MZLV	LDLV	f	p	MZLV	LDLV	f	p				
Thickness																				
1 mm	34.0±985	51.10±25.43	4.65	0.036	25.40±5.31 ^A	52.60±26.27 ^B	9.592	0.003	17.70±6.16 ^A	48.90±10.58 ^B	25.243	< 0.001	34.70±10.86 ^A	78.80±32.23 ^B	22.123	< 0.001	27.95±3.77 ^A	57.85±13.19 ^B	49.658	< 0.001
0.7 mm	29.50±723 ^A	67.20±23.43 ^B	22.601	< 0.001	43.3±23.32	60.60±25.43	3.880	0.054	23.50±9.94 ^A	80.10±14.08 ^B	83.075	< 0.001	30.80±10.05 ^A	80.20±22.23 ^B	27.761	< 0.001	31.77±7.09 ^A	72.02±8.18 ^B	89.987	< 0.001
0.5 mm	50.0±2061	31.70±10.76	5.325	0.025	33.30±14.68	40.30±13.74	0.635	0.429	44.50±19.66 ^A	57.90±17.97 ^B	4.656	0.035	25.50±9.15 ^A	106.80±28.30 ^B	75.189	< 0.001	38.32±8.90 ^A	63.75±12.45 ^B	35.906	< 0.001
Test Statistics†																				
F	0.161	2.949			2.087	2.711			10.311	13.375			0.485	5.663			3.058	5.633		
p	0.852	0.061			0.134	0.075			< 0.001	< 0.001			0.618	0.006			0.055	0.006		
	Thickness Effect: F = 0.984, p = 0.381				Thickness Effect: F = 2.627, p = 0.276				Thickness Effect: F = 0.938, p = 0.516				Thickness Effect: F = 0.335, p = 0.749				Thickness Effect: F = 1.706, p = 0.370			
	Material Effect: F = 28.324, p < 0.000				Material Effect: F = 8.666, p = 0.099				Material Effect: F = 7.242, p = 0.115				Material Effect: F = 25.153, p = 0.038				Material Effect: F = 52.660, p = 0.018			
	Thickness x Material Effect: F = 2.126, p = 0.129				Thickness x Material Effect: F = 1.323				Thickness x Material Effect: F = 12.224, p < 0.001				Thickness x Material Effect: F = 4.606, p = 0.014				Thickness x Material Effect: F = 3.212, p = 0.048			
	<i>p = 0.275</i>				<i>p = 0.275</i>				<i>p = 0.275</i>				<i>p = 0.275</i>				<i>p = 0.275</i>			

†: Intragroup comparison between thicknesses, Superscripts x and y indicate differences in thickness, †: comparison between materials, Superscripts A and B indicate differences in material measurements. Groups with the same superscripts are statistically similar

the present study, a palatal butt joint and labial chamfer finish lines were employed at specified depths. Replica-prepared central incisor teeth were obtained using a 3D printer to ensure standardization, mirroring the methodology employed in the studies conducted by Jurado et al. [5]

The adhesive resin is shielded against repeated exposure to oral fluids through a tight fit between the restorative margins and the tooth structure. This reduction minimizes the occurrence of progressive chemical, mechanical, and physical disintegration, which are known to lead to issues such as recurrent deterioration, microleakage, and the formation of stress concentrations [27, 28]. Ensuring a sufficient marginal fit in laminate veneers holds significant importance [29].

Baig et al. [16], in their systematic review and meta-analysis evaluating the marginal and internal fit of porcelain laminate veneers, included research findings suggesting that zirconia laminate veneers offer improved marginal fit compared to lithium disilicate veneers. The observed effect may be attributed to inherent disparities in the production methods. In the present study, both CAD-CAM materials were fabricated using a 5-axis milling machine, thus eliminating potential discrepancies arising from variations in production methods. In line with the outcomes reported in the studies referenced by Baig et al. [16], the VMD was significantly reduced in MZLVs compared to LDLVs in the present study.

Hasan et al. [15], in their study investigating the marginal chipping of machinable zirconia and lithium disilicate ceramic veneer restorations of various thicknesses (0.3 and 0.5 mm), observed that zirconia veneer restorations exhibited less chipping, resulting in a reduced VMD in comparison to lithium disilicate veneer restorations. Our study yielded similar findings.

The literature describes a broad spectrum of marginal opening values, influenced by factors such as the type of restoration and its location [30]. Baig et al. [31] reported the mean and standard deviation (SD) values of 66.4 (42.2) µm for zirconia and 36.6 (32.1) µm for lithium disilicate ceramic. In our study, the mean and the SD values were 27.95±3.77, 31.77±7.09, and 38.32±8.90 for MZLV and 57.85±13.19, 72.02±8.18, 63.75±12.45 for LDLV, respectively 1.0, 0.7 and 0.5 mm. More precisely, the maximum marginal discrepancy for CAD-CAM restorations has been reported to range between 40 and 90 µm in the literature [31–33]. As indicated by the results of the present study, although the average VMD value is greater in LDLVs compared to MZLVs, it remains within clinically acceptable limits for both materials.

To assess the load to failure of laminate veneers in vitro, various loading angles of 90° [24, 34, 35] and 135° [11] have been suggested. Similar to the study of Saker and Özcan [21], the veneers were positioned at a 90-degree

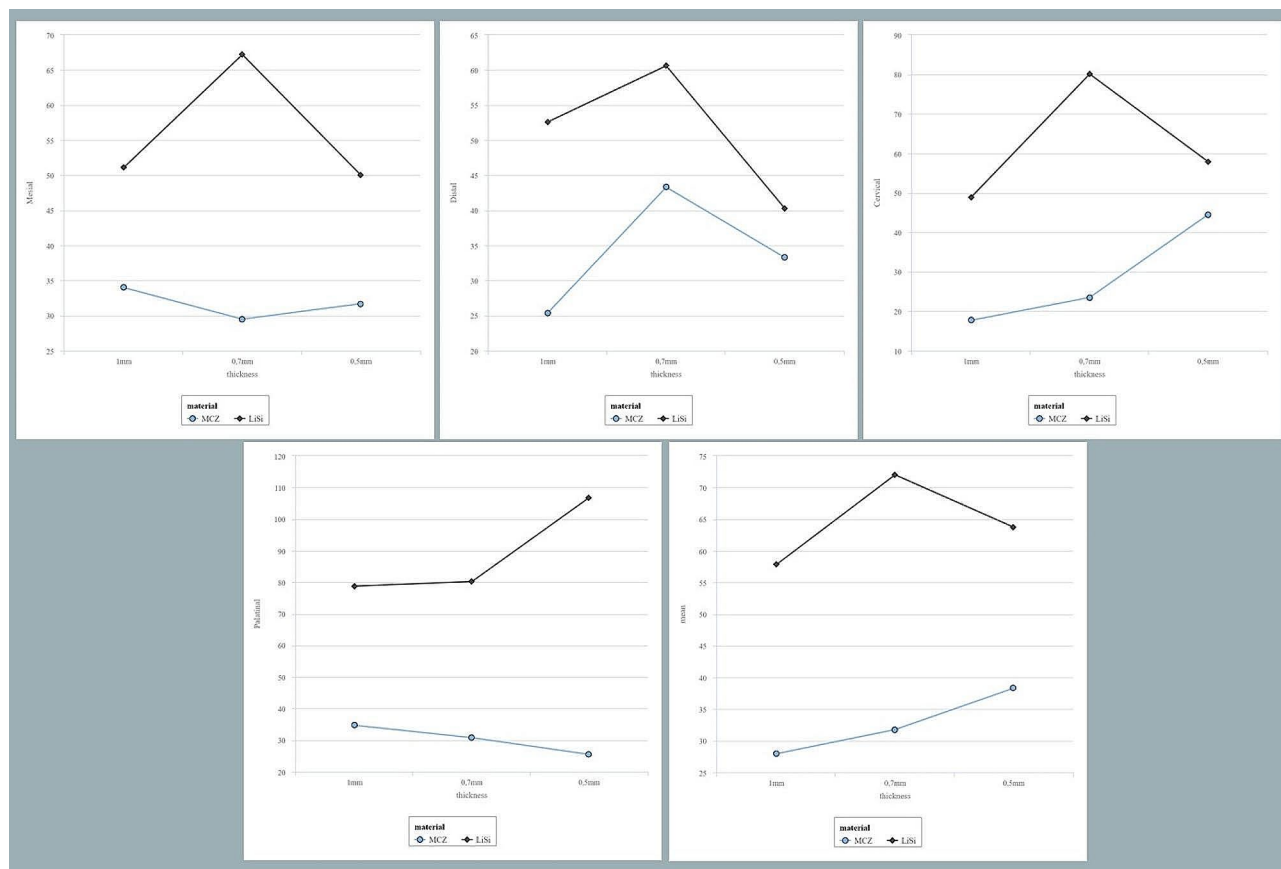


Fig. 5 Graphical presentation of VMD values of mesial, distal, cervical, palatal and mean values

Table 2 Two-way ANOVA and Bonferroni test results of load-to-failure test

	Thickness			Test statistics [†]	
	1 mm	0.7 mm	0.5 mm	F	p
	$\bar{x} \pm ss$	$\bar{x} \pm ss$	$\bar{x} \pm ss$		
Material					
MDLV	289.10 ± 28.70 ^A	261.79 ± 42.21 ^A	271.13 ± 38.18 ^A	0.947	0.394
LDLV	339.89 ± 36.23 ^{xB}	336.22 ± 31.27 ^{xB}	228.39 ± 76.54 ^{yB}	19.708	<0.001
Test Statistics[‡]					
F	6.336	13.607	4.487		
p	0.015	0.001	0.039		
Thickness effect: F=1.190 p=0.457					
Material Effect: F=0.591 p=0.532					
Thickness x Material Effect: F=9.430 p<0.001					

\bar{x} : mean, ss: Standart deviations, [†]: Intragroup comparison between thicknesses, Superscripts x and y indicate differences in thickness, [‡]:comparison between materials, Superscripts A and B indicate differences in material measurements. Groups with the same superscripts are statistically similar

angle to the long axis of the tooth structure to specifically evaluate the horizontal component of the load exerted on the palatal surface of maxillary incisors by mandibular incisors. Given that ceramic material is more susceptible to fracture under tensile loads, this investigation loaded the veneers at a 90-degree angle to the long axis of the tooth structure. This approach was intended to assess only the horizontal component of the load applied to the palatal surface of maxillary incisors by mandibular

incisors. Additionally, this angle prevents the sliding of the Instron crosshead on the specimens' palatal surface [22, 23].

Lawson et al. [36] found that the material type significantly influenced crown fracture load in their study, which compared the fracture load of lithium disilicate and zirconia crowns. The lower failure load of LDLV was anticipated due to their lower flexural strength compared to MZLV. Additionally, Yan et al. [37] reported that

Table 3 Failure mode analysis results (number of samples - percentage ratio)

	Cohesive (laminata fracture)	adhesive failure (debonding of laminate)	mixed (adhesive and cohesive failure)	root fracture
MZLV 1 mm		10–100%		-
MZLV 0,7 mm		8–80%	2–20%	-
MZLV 0,5 mm		7–70%	3–30%	-
LDLV 1 mm		10–100%		-
LDLV 0,7 mm	2–20%	7–70%	1–10%	-
LDLV 0,5 mm	5–50%	4–40%	1–10%	-

despite 5Y-Z material exhibiting a higher biaxial flexural strength than lithium disilicate, the fracture load of lithium disilicate bonded to a resin tooth die (18.6 GPa) exceeded that of 5Y-Z.

According to the load-to-failure test results, MZLV showed lower values (261.79 ± 42.21 , 289.10 ± 28.70 N) than LDLV (336.22 ± 31.27 , 339.89 ± 36.23 N) at thicknesses of 0.7 and 1.0 mm, while demonstrating higher values at a thickness of 0.5 mm (271.13 ± 38.18 , 228.39 ± 76.54 N). While there was no significant difference in load-to-failure values between different thicknesses of MZLVs, LDLVs with a thickness of 0.5 mm exhibited significantly lower results than those with thicknesses of 0.7 mm and 1.0 mm. When comparing the materials, a notable difference in thickness is evident. Although LDLVs with thicknesses of 0.7 mm and 1.0 mm demonstrated higher load-to-failure values, LDLVs with a thickness of 0.5 mm exhibited a significantly smaller difference compared to MDLVs with the same thickness. This variance may be attributed to the increased occurrence of adhesive failure in MDLVs with thicknesses of 0.7 mm and 1.0 mm.

Previous studies [14, 38] have consistently demonstrated a decrease in load-to-failure values as the thickness of LDLVs decreases. The findings of the present study align closely with these established trends in the literature.

The failure mode was impacted by both the type of material and, as expected, the thickness of the material.

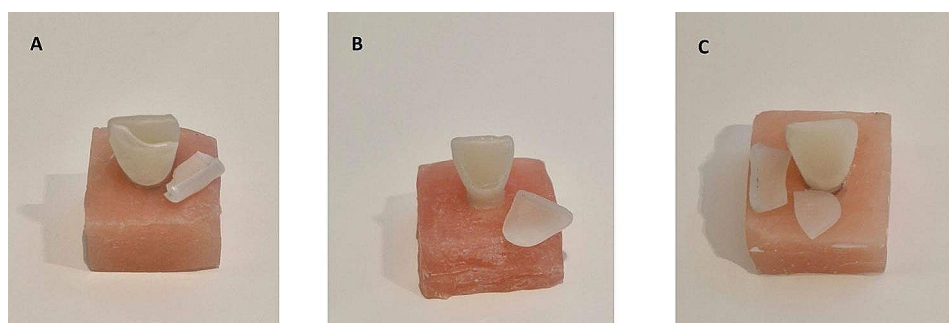
According to the failure mode analysis in the present study, debonding is identified as the predominant cause of failure for zirconia restorations across all thicknesses, and for lithium disilicate laminate veneers at thicknesses of 0.7 and 1 mm. Conversely, laminate fractures become more prevalent in LDLV at a thickness of 0.5 mm.

A palatal butt-joint finish line was utilized in the present study and no instances of root fracture were observed in any of the materials or thicknesses examined. A meta-analysis of in vitro studies conducted by Da Costa et al. [39] concluded that while there was no statistical difference in ceramic fractures between both preparation types, the butt joint incisal preparation potentially offers greater advantages compared to the palatal chamfer in terms of ceramic fracture incidence and tooth fracture occurrence. The lack of root fracture can be attributed to the findings documented by Da Costa et al. [39].

The authors acknowledge the limitations of correlations between in vitro simulations of intraoral function. Specifically, the simulations conducted in this study did not incorporate thermal or mechanical load cycling. Nevertheless, the data obtained on failure mode and marginal adaptation provide valuable insights into the biomechanical properties of these dental materials. Further, in vivo studies are warranted to ascertain the longevity of zirconia veneers in the oral environment and to investigate their modes of failure.

Conclusions

The success of laminate veneer restorations is influenced by both the selection of materials and the thickness of the restoration. Across all thicknesses, the vertical marginal fit of MZLV is superior to that of LDLV. Additionally, LDLV demonstrates lower load-to-failure values compared to MZLV in samples with a thickness of only 0.5 mm, while the load-to-failure value is higher in LDLV than in MZLV for thicknesses of 0.7 mm and 1.0 mm. Furthermore, lamina fracture emerges as the most common failure mode in LDLV. Restoration fracture represents the catastrophic failure of laminate veneer restorations, necessitating restoration reproduction. While

**Fig. 6** Examples of failure modes observed in this study include (A) Cohesive failure, (B) Adhesive failure, and (C) Mixed failure

debonding is the most frequent failure in MZLV restorations, it should be noted that this failure does not lead to catastrophic consequences. Thus, addressing this failure is clinically more straightforward and cost-effective. Considering all these factors, including clinical parameters, MZLV restorations may be considered a viable alternative to LDLV restorations when opting for a thin laminate veneer restoration of 0.5 mm.

Supplementary Information

The online version contains supplementary material available at <https://doi.org/10.1186/s12903-024-04685-w>.

Supplementary Material 1

Supplementary Material 2

Supplementary Material 3

Supplementary Material 4

Supplementary Material 5

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Author contributions

All of them contributed to the study's conception and design. PY: Project administration, study design, drafting the manuscript conceiving the ideas, data analysis, and Writing – original draft, Conceptualization, DG: Methodology, investigation, data curation, data collection, supervision, conceptualization, HMA: Methodology, study design formal analysis, data curation, conceptualization.

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Data availability

The datasets used and/or analysed during the current study are available from the corresponding author upon reasonable request.

Declarations

Ethics approval and consent to participate

This article does not contain any studies with human participants or animals performed by any of the authors.

Consent for publication

Not applicable.

Conflict of interest

The authors declare that they have no conflicts of interest.

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